

CU Foundations I

Writing & Culture\*\*

General Psychology\*\*\*

Anatomy & Physiology I

Communication in Culture

Total Fitness and Wellness

**JUNIOR (2022)** 

First Aid & Injury Prevention

New Testament Literature

**SENIOR** (2023)

Physiological Psychology

Professional Capstone Seminar

Advanced Exercise Physiology

Medical Terminology

Internship

Imagination in Culture

Abnormal Psychology

Exercise Testing & Prescriptions

Motor Development & Learning

Introduction to Nutrition

SOPHOMORE (2021)

Lifespan Developmental Psychology

College Math\*

IDS-103

MAT-110

ENG-212

PSY-111

BIO-241

IDS-101

COM-112

PSY-235

BIO-347 KIN-100

KIN-251

KIN-346

KIN-362 HUM-311

**REL-204** 

PSY-353

SCI-242

KIN-380

PSY-441

KIN-402

KIN-444

# EXERCISE SCIENCE: BACHELOR OF SCIENCE

PRE-OCCUPATIONAL THERAPY CONCENTRATION

Four-Year Planning Guide ■ Catalog Year 2020-2021

3

3

3

2

3 14

3

3

3

3

3

15

2

3

3

1

3 12

# FALL

# **FRESHMAN (2020)**

#### FRESHMAN (2021) IDS-104 CU Foundations II 3 HIS-114 World Civilization II **BIO-151** 3 General Biology 3 **REL-104 Old Testament Literature** BIO-242 Anatomy & Physiology II 4 Creativity, Innovation & Problem Solving 2 KIN-211 History & Principles of Kinesiology 16

### SOPHOMORE (2022)

SPRING

SOC-111	Introduction to Sociology	3
KIN-1XX	KIN activity course	1
PHI-211	Philosophy in Culture	3
MAT-151	Statistics	3
	General electives	6
		16

# **JUNIOR (2023)**

REL-352 KIN-341 KIN-342 KIN-345	Christian Beliefs & History Anatomical Kinesiology Exercise Physiology Measurement & Evaluation Global Studies Requirement <b>Could take as a J or May term trip</b>	3 4 3 3 3
		16
	<b>SENIOR (2024)</b>	

KIN-380 KIN-403	Internship Professional Capstone Research Project General electives	3 1 9
		13

### TOTAL CREDITS

120

1

3 4

3

4

3

18

\*\*English placement based on ACT/SAT score \*Selection based on Math ACT/SAT score at the time of registration \*\*\*PSY 111 and SOC 111 both fulfill the Core Social Science requirement

**BUILD A LIFE** THAT MATTERS

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# **EXERCISE SCIENCE: BACHELOR OF SCIENCE**

PRE-OCCUPATIONAL THERAPY CONCENTRATION

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## **RELATED COURSES THAT FULFILL GLOBAL STUDIES REQUIREMENT:**

For a full list of courses see Academic Catalog			
CMI-243	Introduction to Intercultural Studies	3	
COM-311	Intercultural Communication	3	
SSC-312	World Affairs	3	
LIN-100	Language in Culture	3	
	International Study Trip	3	

## REQUIRED PRE-OCCUPATIONAL THERAPY COURSES

REQUIRED PR	E-OCCUPATIONAL THERAPY COURSES	<b>Credit Hours</b>
BIO-151	General Biology	4
BIO-241	Anatomy and Physiology I	4
BIO-242	Anatomy and Physiology II	4
BIO-347	Introduction to Nutrition	3
MAT-151	Statistics	3
KIN-211	History and Principles of Kinesiology	3
KIN-251	Motor Development and Learning	3
KIN-341	Anatomical Kinesiology	4
KIN-342	Exercise Physiology	3
KIN-345	Measurement and Evaluation	3
KIN-346	Exercise Testing and Prescriptions	3
KIN-362	First Aid and Injury Prevention	3
KIN-380	Internship	6
KIN-402	Professional Capstone Seminar	1
KIN-403	Professional Capstone Research Project	1
KIN-444	Advanced Exercise Physiology	3
PSY-111	General Psychology	3
PSY-235	Lifespan Development Psychology	3
PSY-353	Abnormal Psychology	3
PSY-441	Physiological Psychology	3
SCI-242	Medical Terminology	2
SOC-111	Introduction to Sociology	3

# **CUMULATIVE TOTAL 68**