

# PSYCHOLOGICAL SCIENCE AND PRACTICE: BACHELOR OF ARTS

Four-Year Planning Guide ■ Catalog Year 2020-2021

## FALL

### FRESHMAN (2020)

IDS-103	CU Foundations I/Terra Firma	1
MAT-110	College Math*	3
ENG-212	Writing & Culture**	3
PSY-111	General Psychology	3
COM-112	Communication in Culture	3
REL-104	Old Testament Literature	3
		<b>16</b>

### SOPHOMORE (2021)

PSY-351	Social Psychology	3
KIN-1XX	KIN Activity course	1
PHI-211	Philosophy in Culture	3
	General elective	3
	Major elective***	3
	Foreign Language Requirement	3
<b>See back for details</b>		
		<b>16</b>

### JUNIOR (2022)

PSY-353	Abnormal Psychology	3
PSY-355	Integrated Statistics I	3
PSY-441	Physiological Psychology	3
SCI-311	Science in Culture	3
	Major elective***	3
		<b>15</b>

### SENIOR (2023)

PSY-400	Capstone Seminar	3
PSY-421	Theories of Counseling	3
REL-352	Christian Beliefs & History	3
	Major elective***	3
	General elective	3
		<b>15</b>

## SPRING

### FRESHMAN (2021)

IDS-104	CU Foundations II/Terra Firma	1
HIS-114	World Civilization II	3
REL-204	New Testament Literature	3
IDS-101	Creativity, Innovation, & Problem Solving	2
	GE Lab Science	4
	Major elective***	3
		<b>16</b>

### SOPHOMORE (2022)

PSY-222	History & Systems of Psychology	3
KIN-100	Total Fitness & Wellness	2
	Major elective***	3
	General elective	3
	Foreign Language Requirement	3
<b>See details on back</b>		
		<b>14</b>

### JUNIOR (2023)

PSY-356	Integrated Statistics II	3
PSY-380	Internship	3
HUM-311	Imagination in Culture	3
	Global Studies Requirement	3
	<b>could take as J or May term trip</b>	
	General elective	3
		<b>15</b>

### SENIOR (2024)

PSY-322	Theories of Personality	3
	Major elective***	3
	Remaining electives	7
		<b>13</b>

**TOTAL CREDITS**

**120**

\*Math Placement based on ACT/SAT score or placement results

\*\*English placement based on ACT/SAT score

\*\*\*See back for Major elective options

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## FOREIGN LANGUAGE REQUIREMENT

CHOOSE ONE. SELECT THE OPTION THAT FITS YOUR ACADEMIC HISTORY.

OPTION 1	OPTION 2	OPTION 3	OPTION 4
You completed at least three years of the same Foreign Language in High School  <i>*Foreign Language requirement is <a href="#">MET</a></i>	You completed at least two years of the same Foreign Language in High School  <i>*Take LIN 100 <u>OR</u> a second semester course in a foreign language (IE: SPA 102)</i>	You completed 1 or less years of Foreign Language in High School  <i>*Take a 1<sup>st</sup> and 2<sup>nd</sup> semester Foreign Language sequence (IE: SPA 101 &amp; SPA 102)</i>	You completed 1 or less years of Foreign Language in High School  <i>*Take LIN 100 + 1<sup>st</sup> semester Foreign Language (IE: LIN 100 + SPA 101)</i>

## APPROVED MAJOR ELECTIVES (15 CREDITS REQUIRED):

CHOOSE TWO COURSES FROM OPTION A & THREE COURSES FROM OPTION B

OPTION A (CHOOSE TWO)		OPTION B (CHOOSE THREE)	
PSY 237- Child Psychology	3	MGT 332- Human Resource Management	3
PSY 238- Adolescent Psychology	3	MGT 335- Organizational Behavior	3
PSY 239- Adult Psychology	3	MKT 357- Consumer Behavior	3
		PSY 343- Psychology of Learning	3
		PSY 352- Health Psychology	3
		PSY 362- Sport & Exercise Psychology	3
		PSY 363- Positive Psychology	3
		PSY 448- Cross-Cultural Psychology ( <b>meets Global Studies</b> )	3
		Other related course related to individual interests – <b>Must receive faculty advisor approval</b>	3

## RELATED COURSES THAT FULFILL GLOBAL STUDIES REQUIREMENT:

For a full list of course options see the [Academic Catalog](#)

LIN-100	Language in Culture <b>*meets partial Foreign Language Requirement</b>	3	Psychology in Europe Study Trip	3
PSY-448	Cross-Cultural Psychology	3	International Study Trip	3
SSC-312	World Affairs	3	COM-311 Intercultural Communication	3

## REQUIRED GENERAL PSYCHOLOGY COURSES:

	CREDIT HOURS
PSY-111 General Psychology	3
PSY-222 History & Systems of Psychology	3
PSY-322 Theories of Personality	3
PSY-351 Social Psychology	3
PSY-353 Abnormal Psychology	3
PSY-355 Integrated Statistics & Research I	3
PSY-356 Integrated Statistics & Research II	3
PSY-380 Internship	4
PSY-400 Capstone Seminar: Psychology	3
PSY-421 Theories of Counseling	3
PSY-441 Physiological Psychology	3
Major Electives ( <b>See approved list above to choose courses</b> )	15

**CUMULATIVE TOTAL 49**